

# BREAST CANCER AWARENESS

## COMMON SIGNS & SYMPTOMS OF BREAST CANCER<sup>1</sup>



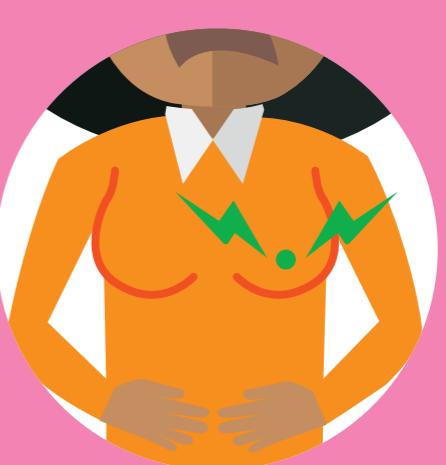
A lump (this may not be seen, but might be felt)



Swelling of all or part of a breast (even if no lump is felt)



Skin dimpling (sometimes looking like an orange peel)



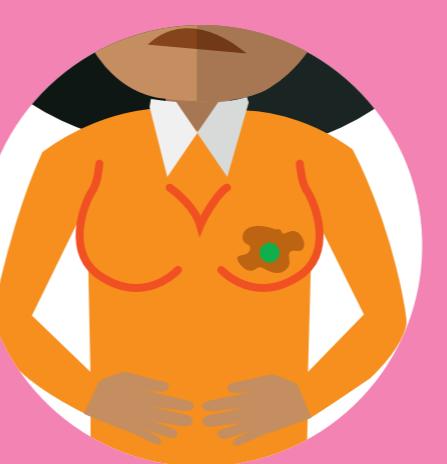
Breast or nipple pain



Nipple retraction (turning inward)



Nipple or breast skin that is warm, red, dry, flaking or thickened



Nipple discharge (other than breast milk)



Swollen lymph nodes (Sometimes breast cancer can spread to lymph nodes under the arm or around the collar bone and cause a lump or swelling there, even before the original tumour in the breast is large enough to be felt.)



Change in size or shape of the breast



Rash

Although any of these symptoms can be caused by things other than breast cancer, if you have them, they should be reported to a health care professional so the cause can be found. Remember that knowing what to look for does not take the place of having regular mammograms and other screening tests. Screening tests can help find breast cancer early before any symptoms appear. Finding breast cancer early gives you a better chance of successful treatment.

LIKE ALL CANCERS, BREAST CANCER IS BEST TREATED WHEN CAUGHT EARLY.

NEED  
TO KNOW  
MORE?

@campaign4cancer  

#BreastCancer

CALL US ON: 082 224 4224

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CAMPAIGNING  
FOR CANCER

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1. American Cancer Society. 2018. Breast Cancer Signs and Symptoms. Available from: <https://www.cancer.org/content/dam/CRC/PDF/Public/8577.00.pdf>. [Accessed 25 November 2020]