



# UNDERSTANDING #CLL



## COPING WITH LYMPHOPROLIFERATIVE DISORDER (LPD)

As you cope with LPD and treatment, you need to have honest, open discussions with your doctor. You should feel comfortable asking about anything, no matter how small it might seem.

### IMPORTANT QUESTIONS TO DISCUSS WITH YOUR DOCTOR:

- What test will I need to confirm the diagnosis and stage of the disease?
- What is the primary site of the cancer?
- What are my treatment options and what treatment plans would you suggest?
- What is the goal of the treatment?
- How often must I receive treatment and how will I feel during and after treatment?
- What risks or potential side effects are there for each treatment?
- How will treatment affect my quality of life? Can I continue working?

Be sure to write down any other questions you have that are not on this list. Taking another person with you or recording your discussion with your doctor can be helpful (This must be done with the doctor consent).

Most often, these symptoms are not due to cancer, but to other health problems, such as an ulcer or infection. Anyone who has these symptoms, especially if they do not go away, or even get worse, should see their doctor so that problems can be diagnosed and treated as early as possible.

### TIPS FOR PATIENT:

- Attend all appointments set with your doctor.
- Follow the doctor's advice for preventing infection.
- Eat healthy foods each day as part of a balance diet.
- Contact the doctor about tiredness, fever, pain, or other symptoms.
- Do not smoke. Patients who smoke should get help to quit.
- Discuss with your doctor before starting an exercise programme.
- Get enough exercise.

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TO KNOW  
MORE?**

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FOR CANCER**

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