



# BLADDER CANCER



## RISK FACTORS INCLUDE:

- Smoking
- Schistosomiasis (bilharzia)
- Certain medicines

## HOW DO YOU KNOW IF YOU HAVE IT?

### SIGNS & SYMPTOMS OF BLADDER CANCER

Bladder cancer may often be detected early because it causes symptoms for which you must want to see a health care provider, such as:

- Blood in the urine
- Changes in bladder habits, or symptoms of irritation, such as:
  - Having to urinate more often than usual
  - Pain or burning during urination
  - Feeling as if you need to go right away, even when your bladder isn't full
  - Having trouble urinating, or having a weak urine stream
  - Having to get up to urinate many times during the night

### SYMPTOMS OF ADVANCED BLADDER CANCER

Bladder cancers that have grown large or have spread to other parts of the body may often cause other symptoms, like:

- Pain on one side of the lower back
- Feeling tired or weak
- Bone pain
- Abdominal swelling
- Loss of appetite and weight loss
- Swelling in the feet
- Coughing

## WHEN TO SEE A DOCTOR

If your urine is discoloured, and you are concerned it may contain blood, make an appointment with your doctor to get it checked as soon as possible. Also make an appointment with your doctor if you have other signs or symptoms that worry you.

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TO KNOW  
MORE?**

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**CAMPAIGNING  
FOR CANCER**

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