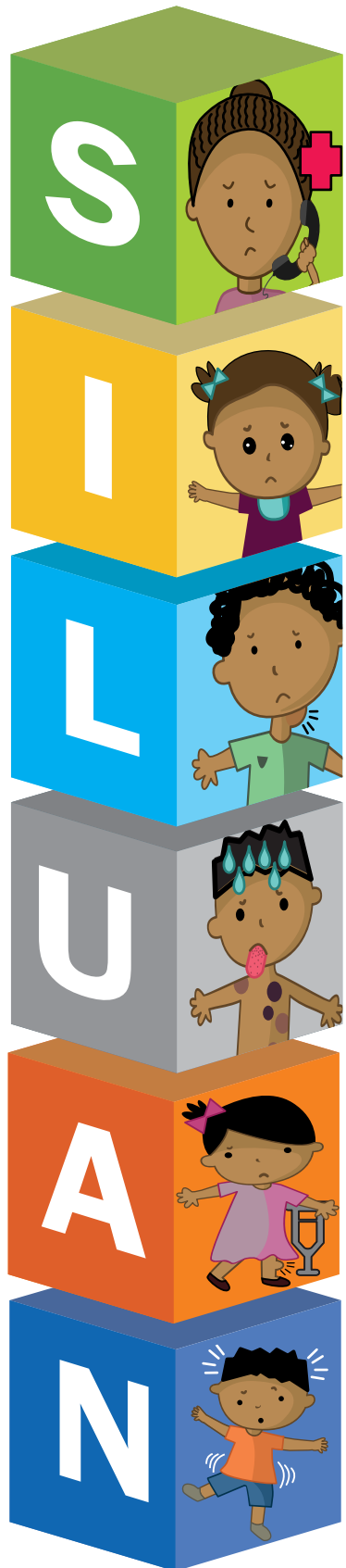


**"Keeping more
than hope alive"**

MATSHWAO A BONTSHANG KANKERE BANENG



SEEK (BATLA)

Batla thuso ya meriana kapele ha ho na le dipontsho tse hlahang di sa fele mmeleng.

EYE (LEIHLO)

Letheba le lesweu ka leihlong, ho pelekana mahlo, bofofu, ho rotoleha ha thaka ya leihlo.

LUMP (LEQHOMA)

Ho ruuha kapa ditshwelesa mpeng, nokeng, hlooho le mosala, manonyolotso le ditho tsa botona.

UNEXPLAINED (E SA HLALOSEHENG)

Ho ba le motjheso, ho fokola, ho hloka takatso ya dijo, ho fokollwa ke madi, ho kgathala, ho ruuha kapa ho tswa madi habonolo, tse sa tsebisahaleng.

ACHING (HO OPA)

Ho opa ha masapo, manonyolotso, mokokotlo le ho robeha habonolo.

NEUROLOGICAL SIGNS (BOBOKO)

Phetoho boitshwarong, tekatekanong ya ho tsamaya, kgolong, hlooho e opang le hlooho e sa fetseng ho hola.

**TO GET
HELP:**

If you detect any of the early warning signs in a child or teen, please contact the CHOC helpline:

0800 333 555

(during office hours)

If you would like to refer a child or teen please visit:

www.choc.org.za

📞 **086 111 3500**

📧 **@CHOCFoundationSA**

✉ **headoffice@choc.org.za**

✉ **@CHOCfoundation**

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